



Sabine Happe

Zielfindung & Zielerreichung

About me

My name is Sabine Happe. For the last 15 years I have given individual coachings as well as coachings for teams and smaller or larger companies, with the aim of setting and achieving their goals. I was very honoured, when in 2016, XING and FOCUS called me one of the best coaches in Germany.



Service portfolio



Personal coaching

What is my perception of life? How do I let go and free myself?
How can I live a happier life?

Gain clarity about what you want and what has kept you from it, during our confidential conversation. Overcome possible blockages and reach your goal successfully.



Business coaching

How can I enable professional success? What are my starting points for personal motivation? How can I increase my visibility at work?

Determine what motivates you and what motivates other people. Use your own style, your own motivational force and power of goal formation, to achieve professional success and satisfaction.



Team training

How can we enhance our performance? How can we improve our personal development?

Participate in a team training programme, tailored precisely to your individual needs! Recharge your knowledge, improve your skills and increase team coherence.



Methods and tools

Who am I? Where do I stand? How capable am I in achieving my goals? What are my strengths and weaknesses? What is my personal potential?

Find out more about yourself by exploring personality diagnostics. As a qualified LUXxprofile-Master and TOP Competence Consultant of the Osnabrück University, I will point out what your strengths and potentials are.



To find out more and to get in touch...

...please give me a call **+49 (0)40 20 22 67 76**

or send me an e-mail **beratung@sabinehappe.de**